

Alcohol and Drug Abuse Prevention and Treatment (ADAPT)

2501 Capehart Road, Bldg 4000 (2nd Floor)

(402) 294-7411

Hours of Operation: Monday - Friday, 7:30 a.m. - 4:30 p.m.

The primary objective of the ADAPT program is to promote readiness, health and wellness through the prevention and treatment of substance abuse, and to minimize the negative consequences of substance abuse to the individual, family and organization.

ADAPT provides services primarily to active duty military members. Non-active duty TRICARE beneficiaries are eligible for assessment and treatment following TRICARE guidelines for access to care, depending on the capacity & capability of the clinic to properly manage each case.

Services include:

- Population-based educational outreach
- Preventative brief counseling
- Evidenced-based outpatient treatment
- Referral for inpatient detox/treatment

Warning signs of Problematic Substance Use:

- Negative impact on relationships with friends and/or family
- Used to cope with stress or mood
- Decreased work or school performance
- Loss of memory
- Health problems
- Legal problems
- Drinking more alcohol than planned
- Frequent hang-overs
- Planning activities around alcohol use
- Difficulty refraining from drinking

How to seek services:

- Self-referral
- Medical referral
- Commander referral